COMMUNICATION SKILLS

INCLUDING HOW TO HAVE CHALLENGING CONVERSATIONS

Using the power of Neuro-Linguistic Programming (NLP), we'll teach you how to recognise and match other people's communication preferences to ensure that they hear your message loud and clear. We then give you a no tears formula for having difficult conversations and combine the two skill sets so that your communications flow easily and with empathy.



In today's high-speed, high-stress world, communication is more important than ever, yet we seem to allow less and less time to really listen and be present . Our dependence on technology often means we lose the intuitive aspect of communication which allows us to really empathise and connect with others.

In order to master communication skills, we first need to understand our own preferences. Then we need to be able to recognise and adapt more effectively to others in the moment so that they hear us more easily. Tailoring your communication to the needs of others using powerful NLP techniques will help you to avoid potential misunderstandings and to maximise your impact.

An important part of communicating is to offer feedback or a difference of opinion without putting the other person offside. By following a formula for 'difficult' conversations, increasing the empathy for the other person's position and adapting your communication style, you'll find that this much feared task becomes a lot easier and results in more collaborative outcomes.

Our commitment to giving back
As part of our corporate pledge, we set aside 10% of our revenue to support development opportunities for charities.

KEY COURSE OUTCOMES

- Identification of your communication preferences and those of other people.
- How to tailor your communication skills to maximise your impact.
- How to have difficult conversations whilst taking care of the other person.

THE DETAILS

We offer bespoke facilitation designed to meet both individual and group needs, delivering positive and immediate impact and lasting change in organisations.

Group Size	Up to 12 people
2 Hours	$2750 + GST
Half Day	$3000 + GST
Full Day	$5000 + GST

1300-858-472

info@liminalsolutions.com.au

liminalsolutions.com.au